

Apple Corps—Fall 2020

MCFC Recognizes Years of Service and Welcomes New Members

The MCFC Board thanks our outgoing Board Members for their many years of service. Chris Amidon, Lora Hess, Cheryl Leech, Paul Pfladderer, Nancy Sennett, and John Tidd

have a combined service of over 40 years with the Clinic. Thank you so much for your sincere dedication to the Clinic. MCFC welcomes new board members, Brad

Carlson, Daryl Mendoza, and Jacob Moore. We also welcome Donna Hendrickson as the new President and Dawn Hutson as the Treasurer.

Annual DWTC Goes Virtual

Due to Covid-19 the Sixth Annual Dining with the Chef's Fundraiser was held virtually this year. Kay Nannet, the Clinic's Executive Director explained, "When we realized that we weren't going to be able to gather in person with the chefs this year, we had to devise a way to reach our audience through the internet. Committee member Chuck Ranspach volunteered his time to film our very busy and talented volunteer chefs, Dr. Richard Warner, Lali Hess, Jason Anderson, and Hannah Thompson in their own

kitchens preparing their recipes for the evening. Chuck also filmed Kay discussing the Clinic's fundraising goals. The presentation went live as promised on August the 8th. We have had over 350 views so far and are thankful to everyone who took time out to watch the program and donate. The program is still available to view on YouTube (just search for Dining with the Chefs at Home Edition). The recipe book is now available as well at [Support the Clinic at Dining with the Chefs](#).

Kay explained that more patients than ever require the Clinic's services at this time. "Historically, most of our patients are employed but can't afford health insurance, Nannet explained, "and of course there are now more unemployed, uninsured people due to Covid-19. We are doing our best to keep up with demand but still need help from the community." Donations can be given through the Clinic's website or by mail. Thank you to all our sponsors and donors who made this virtual DWTC a success. We appreciate all your support.

MCFC Receives Grant

The Montgomery County Free Clinic received \$21,752 in grant money from the Montgomery County Community Foundation's grant program. We are so grateful for the money which will go to our newly created Doemel Extended Service Fund, helping patients with medical and dental services needed outside our Clinic walls.

There is also some money to be spent on our marketing campaign to create a greater awareness of our presence. The Community Foundation awarded

grants to the county in several areas totaling over 1.2 million dollars. We are so thankful to be part of such a caring community.



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Donors Are So Important

When Elinor Dolph heard the news about the opening of the Dr. Mary Ludwig Free Clinic in 2013, she decided it was the perfect time to give back. Nearly forty years ago, Elinor's daughter and son-in-law moved back to Crawfordsville with their new baby. They did not have health insurance and Elinor brought them to the Well Baby Clinic to seek care for their sick infant. "They took such good care of her over there and were so kind and caring," says Elinor. That baby is now thirty-nine and living a healthy, happy life.



Elinor decided to budget five dollars a month into her fixed income to help others who need the same kind of care. She faithfully sends her check to the Clinic every month, where to some she is affectionately known as the "five-dollar check lady." **Thank you, Elinor, for your commitment to our mission.** Monthly donations at all levels are very much appreciated by the MCFC as they are helpful in budgeting for the day to day operations of the clinic.

Thank you to all our donors!!

Patient Stories Share Deep Appreciation

All three of the patient stories we are featuring share a common thread—their deep appreciation for the care they have received at the Clinic. "It is a privilege to live here," related a Montgomery County Free Clinic patient who we will call "Juana". Her brave, horrific four-day journey (paid for by several family members) began 20 years ago from a small village near Acapulco, Mexico. Poverty, oppression, and violence are common in Mexico and crime is rampant. After a home invasion and attack and the loss of four siblings the decision was made that she move to the United States. A transporter was paid a lot of money and the horrifying trip began. With his involvement in criminal activity, and the conditions she endured, Juana wasn't sure she would live to make it across the US border. When she arrived in Phoenix, AZ she was transported to Indianapolis in a van. Juana worked hard to repay her debt to family members. She met her future husband (a Crawfordsville resident) there through friends and they married and settled in Crawfordsville. She describes her life now as "peaceful and safe" They are grateful to give their five children and (their niece from

Mexico) a good life. Her husband is a welder and work is sporadic which makes it impossible to afford health insurance or pay medical bills. After learning about MCFC a few years ago she quickly registered. Juana is so grateful for the wonderful medical and dental care she receives. Additionally, the clinic has served as a hub of information about other community resources for her and her family. She stated that she is comforted knowing that the clinic is there for her, enabling her to maintain the good health needed to raise her children and enjoy a healthy life.

Stana Butler moved to Crawfordsville in January of 2020 reuniting with her husband after 10 years. Leaving behind a job and insurance in northern Indiana was difficult. She was in need of medication for a thyroid condition. She needed to have a check-up and lab work. They were dining one night in a local restaurant and she noticed a sign about the Montgomery County Free Clinic. She called the clinic. She registered and was accepted. She received virtual care during the Covid crisis in the spring and then was seen in-person when it was possible. Arrangements

were made for her lab work at Franciscan so she could receive the medication she needed. One little surprise she notes, "I found out I was expecting." She is due in January and so excited. She praises the clinic for their excellent care with both medical and dental needs that she was experiencing. "They even helped me find an OB-GYN to care for me during my pregnancy." She now has insurance but will always be extremely grateful for her interim care at MCFC.

Gail Merriman, clinic office manager, attended a Disabled Veterans meeting in June at the VFW Post 1431 here in Crawfordsville. She was informing the disabled veterans that Dr. Rucker was reaching out to them to service their needs at the Clinic.

Larry Vaught signed up that evening and was contacted to do the registration. Larry was past due for treatment at the VA due to Covid and was needing care. He was elated to be able to receive such excellent care from Dr. Rucker and her assistants. He states that Dr. Rucker went above and beyond to care for his needs. Not all disabled veterans qualify for dental care through VA so this care at the clinic is very much appreciated.

Dedicated Mission for 25 Years

Twenty-five years ago, Isobel Arvin assumed the administrative duties of Meals on Wheels. Her predecessor had set a high standard. Katherine Milligan was 83 years old and had undertaken all of the admin duties for over 27 years when she handed over those responsibilities to Isobel. But it was not the first time they had met. Katherine Milligan had been Isobel's home economics teacher in

Waveland years before.

Now, Isobel is in her ninth decade and continues to register new clients for Meals on Wheels. For the last 25 years she has taken client information, communicated with other administrators, contacted doctor offices for diet orders, and maintained a data base of the clients. She continues to be a vital part of the community organization.

Other opportunities for volunteer service with Meals on Wheels are available. We are currently seeking meal "packagers". No cooking involved! Packagers may elect to work once a week or every two weeks on weekdays from 8:45 to 11:45AM. Interested? Call Sue Rickett at 765-490-6110. If you are interested in becoming a driver to deliver the meals, please contact Brad Mullendore at 765-918-0936.